

# COMMUNITY NEWSLETTER

DECEMBER 2026



Pictured: Staff and Volunteers from the Community Toys for Tots Holiday Party 2025

## Toys 4 Tots!

NorthPoint's Pregnancy and Family Team proudly led our annual Toys 4 Tots Holiday Drive, bringing smiles to families across our community.

Despite cold temperatures, we were able to provide toys to over 370 children, thanks in large part to the generosity of NorthPoint staff, who donated approximately 500 toys.

Thanks to our 100+ volunteers who helped us spread joy this holiday season!



## Cervical Cancer Awareness

Cervical cancer. We can prevent it or catch it early.

Get screened. Get vaccinated.

Ask us about getting a cervical exam. Call 612.543.2500.



## Glaucoma Awareness

Seeing your best is part of feeling your best. Ask your provider about getting checked for glaucoma.

A photograph of a Black woman wearing a white medical coat and a stethoscope around her neck. She is smiling and has her hands clasped in front of her. To her left is an orange graphic containing text.

**"if you don't have a  
healthy heart, you can't  
thrive and do the  
things that you want  
to do for your  
family and  
community."**  
—rahshana,  
physician

**your heart  
beats for  
generations**

Made possible by Hennepin County

## Healthy Hearts Social Group!

Having serious heart problems can be scary. NorthPoint offers support and resources for African American, Black, and Indigenous women who've had heart attacks, strokes or been diagnosed with heart disease.

Join us for our Health Hearts Social Group.

Thursdays, 5:30-7:30pm  
Starting 2/5/26 through 11/12/26  
Dinner Provided

Learn more at [Healthy Hearts Registration](#)

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## January Holiday Observances

NorthPoint is closed on Wednesday, January 1, for New Year's Day.

NorthPoint is closed on Monday, January 19, for Martin Luther King, Jr. Day.

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# Payments

NorthPoint helps families and individuals in all financial situations.

We can help with insurance, discount options, and payment plans.

If you are part of the NorthPoint Discount Program, some of our fees are updated for 2026.

Learn more at [Billing and insurance](#).

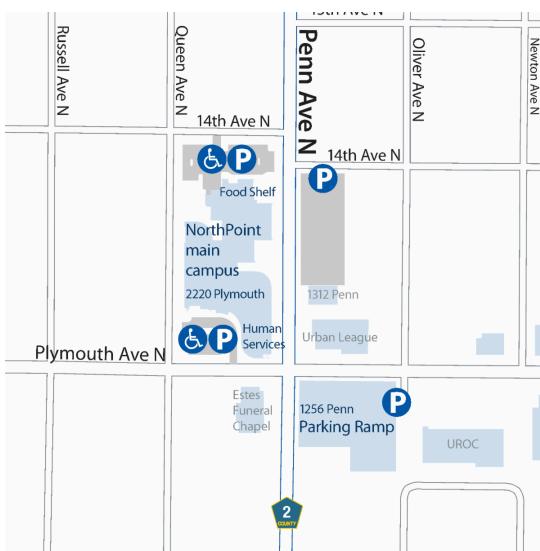


## Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE is not a bill. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at 612-543-2500 to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.



## Parking at NorthPoint

Our free parking ramp at 1256 Penn Ave N is available to all guests of the NorthPoint main campus and the NorthPoint Conference Center.

The ramp entrance is located at Plymouth Ave and Oliver Ave N.

We have additional areas with free parking, including disability parking.

For more information, visit [NorthPoint Locations](#).

## Looking for an impactful volunteer opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events. We're looking for folks like YOU to partner with us to create a healthier community.

Contact Jamiela Taylor at [jtaylor@npimn.org](mailto:jtaylor@npimn.org) or visit our [Volunteer sign-up form!](#)



## Watch Making Health Happen

Have you checked out *Making Health Happen* yet?

In each episode, we interview guests about health and wellness topics important to North Minneapolis.

Check out our latest episode on [Health Starts with Housing](#) featuring NorthPoint's **Housing Stability Services Manager**, Aliyah Primus, sharing insights and resources around housing.

You can also watch every episode by checking out our [Making Health Happen Playlist](#) on YouTube.

## Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)



*Photo Credit: Bill Cooper*



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NorthPoint Health & Wellness Center | 2220 Plymouth Ave N | Minneapolis, MN 55411 US

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