NORTHPOINT
Health & Wellness Center

COMMUNITY NEWSLETTER

NOVEMBER 2026



Pictured: NorthPoint Dental Staff for Halloween 2026

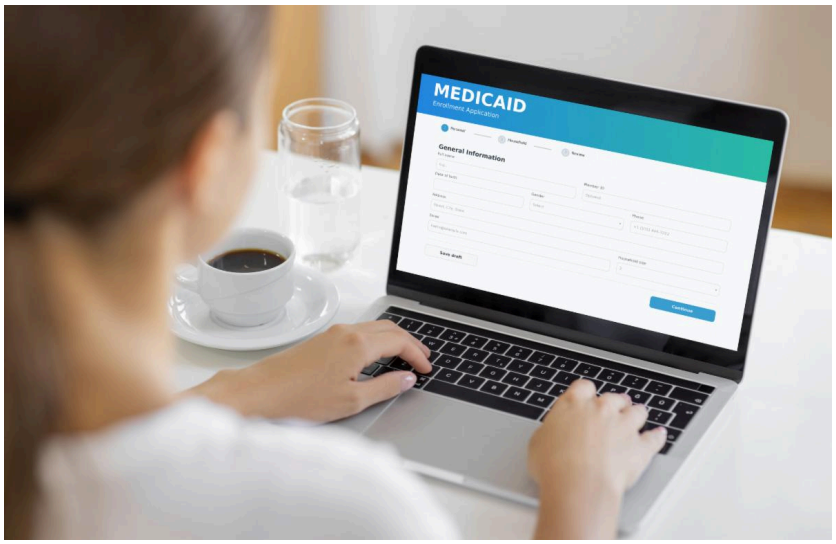


Open Enrollment

Open enrollment runs through January 15.

This is your yearly opportunity to enroll in a private health insurance plan or renew or make changes to a current plan. NorthPoint's staff can help you enroll.

Ask us during your next visit.



Changes to Medical Assistance

Changes are coming to Medical Assistance (MA), and they may affect you. We know medical coverage can feel overwhelming, and we're here to help.

If you got something in the mail about your coverage, or if you aren't sure what your coverage status is, tell us at your next visit. We can check your information, connect you to an expert, and explore every option.

NorthPoint helps individuals and families in all financial situations. We can help with insurance applications, discount options, and payment plans.

Learn more about the changes to MA



Health & Community Resource Fair!

NorthPoint's Health & Community Resource Fair welcomed the Northside community on October 22 for an evening of connection, wellness, and resources.

Families, adults, and seniors explored NorthPoint services, participated in health screenings and hands-on activities, and received information about health coverage, food assistance, and community programs.

Thank you to our staff, volunteers, and community partners for creating a welcoming space to connect with care!

Couldn't make it? You can still get connected. Check out our event page for the resource page and more.



Give to the Max!

Give to the Max Day is November 19! Your partnership supports access to whole-person, culturally responsive health and human services that meet people's basic needs today and get them on a path to improved health, wellness, and economic security.

Partnering to create a healthier community, support us today:
• Donate
• Volunteer
• Spread the word

Partnering to create a healthier community, please Give to the Max and donate today!

Living With Diabetes



NorthPoint can help you prevent or live well with diabetes.

We have nutrition support, medical resources, and education.

Talk to your provider. 612-543-2500.



Holiday Mental Health Awareness

Holidays can bring up a lot of emotions. We want to make sure our community is aware that NorthPoint's Behavioral Health team is here to talk.

Guests can connect with a provider by contacting (612) 543-2500.

If you need immediate help with your mental health, call COPE mobile crisis response at 612-596-1223.



CHQR Recognition (HRSA)!

NorthPoint maintains strong standards to support quality care and service.

We received national recognition for meeting all Health Center Program requirements during our Operational Site Visit.

We're here to partner with you. Choose NorthPoint for your whole-person care.

Call 612-543-2500

November Closures

NorthPoint will be closed on the following dates:

- Veterans Day: Wednesday, November 11
- Thanksgiving holiday: Thursday, November 26, and Friday, November 27



Please plan ahead for appointments and prescription refills.



Child Wellness Center

NorthPoint's Child Wellness Center provides space for your children ages 6 weeks to 12 years to play, read, and rest while you're receiving most services at NorthPoint.

Hours:

- Monday/Wednesday: 9:30 a.m. – 5 p.m.
- Tuesday/Thursday: 9:30 a.m. – 7:30 p.m.
- Friday: closed



Metro Transit Route 48

NorthPoint just got more connected.

Penn Ave & Plymouth Ave is now a stop along Metro Transit Route 48, a new local service route. This new route provides our guests with more transit options.

Route 48 replaces routes 14D and 14G while connecting North Minneapolis to Robbinsdale, Crystal, Golden Valley, and downtown Minneapolis.

Learn more about transportation to and from NorthPoint.



Never Miss An Update!

We use a new texting system.

Learn how to get texts about your care from our new number.



Download MyChart!

MyChart is an app that allows you to communicate with NorthPoint and manage your care from your computer, tablet or phone.

This tool helps you save time and keep your family healthy.

Go to northpointhealth.org/mychart to sign up and download the app.



NorthPoint Can Help You Pay For Your Visit

NorthPoint helps families and individuals in all financial situations.

We can help with insurance, discount options, and payment plans.

If you are part of the NorthPoint Discount Program, some of our fees are updated for 2026.

Learn more at Billing and insurance or call us at 612-543-2500.



Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE is not a bill. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at 612-543-2500 to update us over the phone. You may also update your benefits information on MyChart or bring your newest information to your next visit.



Parking at NorthPoint

Our free parking ramp at 1256 Penn Ave N is available to all guests of the NorthPoint main campus and the NorthPoint Conference Center.

The ramp entrance is located at Plymouth Ave and Oliver Ave N.

We have additional areas with free parking, including disability parking.

For more information, visit NorthPoint | Locations.

Looking for an impactful volunteer opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events. We're looking for folks like YOU to partner with us to create a healthier community.

Visit our Volunteer sign-up form!





Watch *Making Health Happen*

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and wellness topics important to North Minneapolis. Check out our episode on preventing strokes across cultures featuring Family Physician, Dr. Robin Councilman. You can also watch every episode by checking out our Making Health Happen Playlist on YouTube.

Join the NorthPoint Team

- Employment at Hennepin County
- Employment at NorthPoint Inc.



Photo Credit: Bill Cooper

Quick Access:

- Visit our website
- MyChart/Pharmacy Refills
- Online Bill Pay



NorthPoint Health & Wellness Center | 2220 Plymouth Ave N | Minneapolis, MN 55411 US

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