



## COMMUNITY NEWSLETTER

DECEMBER 2025



Pictured: Staff and Volunteers from the Community Toys for Tots Holiday Party 2024



## Year End Giving!

This year, the needs of our community have grown. And so has our determination. At NorthPoint we build trust as a community—meal by meal, visit by visit, story by story. Your support will bridge the gap between crisis and connection, between surviving and thriving. [Volunteer](#), [spread the word](#), or [make a tax-deductible gift](#) before December 31.



## Open Enrollment!

Open enrollment runs through January 15. This is your yearly opportunity to enroll in a private health insurance plan or renew or make changes to a current plan.

NorthPoint's staff can help you enroll. Ask us during your next visit.

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## Your Voice Matters!

Take our yearly survey. It helps us grow and serve you even better.

You can take the survey in any of these areas at our Main Campus location:  
Medical | Dental | Behavioral Health.

Or to complete the survey online, visit [Guest Satisfaction Survey](#).

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## Help With Addiction

Help is here. No judgment, just care.

NorthPoint can help you work through opioid use, alcohol use, and chemical dependency.

We have medications, harm reduction resources, supportive services, and more.  
612-543-2500 (main) | 612-543-2888 (direct) or to learn more visit [MAT Services](#)

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## Northside Teen Clinic is Still Open!

The Northside Teen Clinic will be open for appointments and walk-ins during the winter break Monday through Thursday, 1 to 6 p.m.!

Questions? Want to schedule?

Call us Monday through Friday, 8 a.m. to 5 p.m.!  
612-643-2001 (direct) or 612-543-2500 (main)

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## Holiday Mental Health Awareness

Holidays can bring up a lot of emotions. We want to make sure our community is aware that NorthPoint's Behavioral Health team is here to talk.

Guests can connect with a provider by contacting (612) 543-2500.

If you need immediate help with your mental health, call COPE mobile crisis response at 612-596-1223.

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## World AIDS Day

Do you know your HIV status? NorthPoint is here to support you.

Get tested. Call 612-267-0305.

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## December Holiday Observances

NorthPoint is closed on Thursday, December 25, for Christmas.

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## Did You Receive a Good Faith Estimate for your Upcoming Visit?

If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE is not a bill. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at 612-543-2500 to update us over the phone. You may also update your benefits information on [MyChart](#) or bring your newest information to your next visit.

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## NorthPoint Can Help You Pay For Your Visit

NorthPoint serves families and individuals in all financial situations. We are here to help!

We will see you even if you can't pay.

We will see you even if you have outstanding bills.

We can help you with insurance, discount options and payment plans.

For more information or questions, please visit [Billing and insurance](#) or call us at 612-543-2500.

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## Parking at NorthPoint

Our free parking ramp at 1256 Penn Ave N is available to all guests of the NorthPoint main campus and the NorthPoint Conference Center.





The ramp entrance is located at Plymouth Ave and Oliver Ave N.

We have additional areas with free parking, including disability parking.

For more information, visit [NorthPoint | Locations](#).

## Looking for an impactful volunteer opportunity?

Amplify your social impact! Become a NorthPoint Super Supporter by volunteering in our Food Shelf or assisting with events. We're looking for folks like YOU to partner with us to create a healthier community.

Contact Jamiela Taylor at [jtaylor@npimn.org](mailto:jtaylor@npimn.org) or visit our [Volunteer sign-up form](#)!



## Watch *Making Health Happen*

Have you checked out *Making Health Happen* yet?

In each episode, we interview guests about health and wellness topics important to North Minneapolis.

Check out our latest episode on [Healing From Trauma](#) featuring **Licensed Clinical Social Worker and Senior Psychiatric Therapist**, Paul Harper,

sharing insights and resources around trauma. You can also watch every episode by checking out our [Making Health Happen Playlist](#) on YouTube.

## Join the NorthPoint Team

- [Employment at Hennepin County.](#)
- [Employment at NorthPoint Inc.](#)



*Photo Credit: Bill Cooper*



### Quick Access:

- [Visit our website](#)
- [MyChart/Pharmacy Refills](#)
- [Online Bill Pay](#)



NorthPoint Health & Wellness Center | 2220 Plymouth Ave N | Minneapolis, MN 55411 US

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