Free Fresh Food Fridays Continue!

We've already had two great events this summer! Tons of fresh fruits, vegetables, and community resources will be set up on each date, all summer long – rain or shine! Everyone in the community is welcome at this event.

Dates: 2nd and 4th Fridays of the month, May through September
Remaining dates:
- June 9 & 23
- July 14 & 28
- August 11 & 25
- September 8 & 22
Time: 9:30 a.m. until supplies run out
Location: Parking lot at Plymouth Ave N & Oliver Ave N

Event information and flyers
Volunteer questions and application
Community tabling reservations

Brought to you in partnership with Urban League Twin Cities and the U of M Urban Research Outreach-Engagement Center (UROC).

Do You Have Medical Assistance (Medicaid) or MinneostaCare?

Your time to re-apply and renew your health insurance may be soon. Visit the MN Department of Human Services to make sure your address, phone number and email are up to date. If your information is updated, they will be able to contact you when it’s time to renew.
Get Help with MyChart, Phone, and Video Visits!
At NorthPoint we can help you complete your phone or video visits with your providers. We can also support you with MyChart access and other technical services like Zoom, Teams, and email newsletter sign-up. Call us at 612-348-9151 for more information!

Did You Receive a Good Faith Estimate for your Upcoming Visit?
If you received a Good Faith Estimate (GFE) recently, it may not reflect your newest benefits. Your insurance or Medicaid coverage may have changed or expired.

A GFE is not a bill. You may or may not be charged the full amount listed on the GFE. It lists the items or services that can be reasonably expected for your health care needs, and it shows you how much the items and services will cost. This is based on what we know at the time we make the estimate.

If you have new benefits information or questions, please call us at 612-543-2500 to update us over the phone. You may also update your benefits information on MyChart or bring your newest information to your next visit.

Campus Expansion Updates

Campus Expansion Spotlight:
Parking Locations
Each month we are highlighting some exciting features of NorthPoint’s campus expansion. This month we highlight our parking options. Now that our new building is taking shape, parking is now available in several permanent locations!

- Main campus south parking lot (enter from Plymouth Ave N) - Handicap parking available
- Main campus north parking lot (enter from 14th Ave N) - Handicap parking available
- Parking ramp at 1256 Penn Ave N (enter from Plymouth Ave N and Oliver Ave N) - Sheltered/covered parking available
- Overflow parking lot across the street at Penn Ave N and 14th Ave N

For the most recent updates to location and parking, please visit our [Campus Expansion webpage](#).

Watch *Making Health Happen*

Have you checked out *Making Health Happen* yet? In each episode, we interview guests about health and wellness topics important to North Minneapolis. You can now watch every episode on YouTube. And make sure to [subscribe to our YouTube channel](#)!
WATCH NOW:
Episode 1: Health Equity & Black History with Stella Whitney-West
Episode 2: Heart Health with Dr. Rahshana Price-Isuk
Episode 3: Nutrition with Karen Blanchard
Episode 4: Colorectal Cancer Awareness with Dr. Rahshana Price-Isuk
Episode 5: Alcohol Awareness with Dr. Helen Thomas and Wendy Nelson, RN
Episode 6: Oral Cancer Awareness with Dr. Michael Brooks
Episode 7: High Blood Pressure Awareness with Dr. Kevin Gilliam
Episode 8: Mental Health Awareness with Carmita McGlory
Episode 9: Kids’ Mental Health with Zadok Nampala
Episode 10: Kids Ask Us about COVID
Episode 11: Men’s Health with Dr. Kevin Gilliam and Isiah Jones
Episode 12: 2SLGBTQIA+ Pride with Dr. John Gatermann
Episode 13: Health Screenings with Dr. Janna Carlson
Episode 14: Hepatitis Awareness with Dr. Robin Councilman
Episode 15: Maternal and Child Healthcare with Dr. Lavonne Moore
Episode 16: Immunization Awareness with Dr. Carrie Nedrud and Kathy Kreitzer
Episode 17: Suicide Prevention with Zadok Nampala
Episode 18: Recovery Awareness with Dr. Lolita King
Episode 19: Lung Health Awareness with Dr. Paul Erickson
Episode 20: Breast Health Awareness with Lisa Jonas
Episode 21: Diabetes Awareness with Michelle Kimber
Episode 22: HIV/AIDS Awareness with Dr. Helen Thomas and To the Point
Episode 23: Flu Vaccine Awareness with Dr. Carrie Nedrud and Kathy Kreitzer
Episode 24: Health Literacy with Dr. Kevin Gilliam

COVID-19 Basics
Please Note:
Due to COVID restrictions, NorthPoint medical, dental and behavioral health services are by appointment only. Call 612-543-2500 to get scheduled.

Masks are still required if you feel sick or if you have been around someone with COVID-19.

Visit our COVID-19 information page to learn more about the COVID-19 vaccine.

COVID-19 Vaccine
It’s easy to get a COVID-19 vaccine at NorthPoint. Appointments are required. Call for an appointment at 612-348-9000.

COVID-19 Testing
NorthPoint continues to administer COVID-19 tests. Appointments are required. Call for an appointment at 612-543-2500.

Join the NorthPoint Team

- [Employment at Hennepin County](#)
- [Employment at NorthPoint Inc.](#)
Quick Access:
- Visit our website
- MyChart/Pharmacy Refills
- Online Bill Pay