

Boorsada Caanaha Hooyada ama Bridge Bags NorthPoint Health and Wellness Community Food Shelf

Caanaha hooyada oo diyaarsan ama PDHM ayaa si xadeysan oo bilaash ah looga bixiyaa NorthPoint Food Shelf oo waa barnaamij deeq ah oo la tijaabinayo.

Ujeeddada:

Si caanaha hooyada ama PDHM loogu helo dhallaanka cusub iyadoo si meelgaar ah loogu caawinayo hooyooyinka ay caanahoodu yar yihiin ee ay haysato baahi dhaqaale.

Yaa xaq u leh:

- Dhallaanka da'doodu ka yar tahay 6 toddobaad ee ku dhashay sid buuxa ama si caadi ah uga soo baxay isbitaalka.
- Hooyada rabta in ay nuujiso/naaska u dhigto iyo in ay caanaha tusto nuunnaheeda.
- Hooyo ama wakiilkeeda u buuxinaya Foomka Diiwaangelinta NorthPoint Food Shelf.

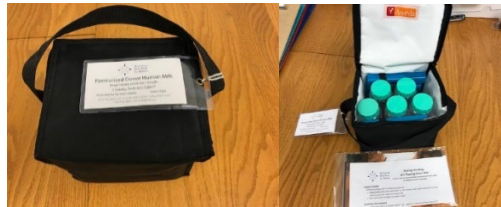
Boorsada Caanaha Hooyada ama Bridge Bags:

- Hal boorso ayaa la qaadan karaa halkii mar. Boorso kasta waxaa ku jira ilaa 20oz oo ah PDHM.
- Waxaa la siin karaa **ilma kasta** ilaa laba boorso.
- Boorsada waxaa ku jira tasiilaad caawimaad u ah waalidka nuujinaya/naaska u dhigaya ilmahooda.
- Qofkii raba caanaha hooyada ee PDHM oo dheeraad ah waa in uu kala soo xiriir Minnesota Milk Bank for Babies. Waraaq dhakhtar ayaa la iska rabaa wixii ka badan 40oz oo ah PDHM oo uu qiimahoodu yahay \$18/4oz halkii dhalo.

Macluumaad muhiim ah:

NorthPoint Food Shelf waxa ay ku taallaa

- 1835 Penn Avenue North, Minneapolis, MN 55411. Jidadka oo keliya ayaa baabuurta la dhigan karaa.
- Taleefanku waa 612-767-9175.
- Waxay furan tahay Isniin ilaa Khamiis, 10ka ilaa 4ta; waa in taleefan na loo soo diro si caanaha loo qaato Jimcaha.
- Dadka gudaha soo galaya waa in ay raacaan shuruudaha COVID.
- Waa in la isku diiwaangeliyo goobtan cuntada dhowrtada ah.
- Wixii macluumaad dheeraad ah booqo barta internetka ee [Community Food Shelf | Northpoint Health and Wellness](https://www.mnmilkbank.org/community-food-shelf-northpoint-health-and-wellness)



2525 Nevada Ave. N, Suite 304 | Golden Valley, MN 55427 | 763-546-8051 | [mnmilkbank.org](https://www.mnmilkbank.org)

Hadafka aan ku shaqeyno waa in aan sii hagaajin karno natijada caafimaadka ee dhallaanka innaga oo habsaneyna in ay dhallaanka caafimaad ahaan nugul ee Minnesota iyo Waqooyiga Gobollada Galeedka-dhexee in ay helaan caano ay iska soo liseen oo ay ku deeqeen hooyooyin oo diyaarsan oo ay hooyooyinka caanaha yar siisan karaan dhallaankooda.